

PREMAX
Instructions
for medical use of the drug

Tradename: Premax.

INN: Shatavari extract.

Dosage form: Tablets for oral administration.

Composition: *Each tablet contains:*

Shatavari extract (*Asparagus racemosus*).....500 mg.

Pharmaco-therapeutic group: Ayurvedic remedy.

Pharmacodynamics:

Shatavari is a highly branched thorny shrub with a short tuberous rhizome and many spindle-shaped succulent roots. Shatavari extract is an Ayurvedic remedy for women. Contains phytohormones identical to female sex hormones. It is a feminine tonic. Normalizes hormonal levels and metabolism.

It is very useful for women of all ages and that is why the drug is recommended for girls starting from puberty and women of reproductive age, as well as women during menopause and menopause. Contains phytohormones identical to female sex hormones, therefore it has a beneficial effect on a woman's reproductive system and helps normalize female hormonal levels. Increases the ability of the egg to fertilize, stimulates milk production during lactation, and normalizes the menstrual cycle.

In case of sexual disorders, taking the drug returns to a woman the joys of intimate life: it treats frigidity and returns sexual desire.

The period when a woman enters menopause is characterized by a radical change in hormonal levels. A sharp decrease in estrogen levels has a negative impact on the functioning of the endocrine, nervous, cardiovascular, digestive and genitourinary systems. Regular use of the drug helps maintain the normal functioning of internal organs.

Indications for use:

- Hormonal imbalance;
- Menstrual irregularities and painful menstruation;
- Chronic inflammatory diseases of the female genitourinary system, which are of inflammatory or infectious origin;
- Secondary female infertility, which developed as a complication of a previously suffered disease of the reproductive system;
- Decrease in the level of female sex hormones in the body;
- Decreased muscle tone of the uterus and vagina;
- Lactation disturbance;
- Sexual disorders;
- Menopausal disorders;
- In the period after gynecological operations, as well as operations to remove the uterus.

Contraindications:

- hypersensitivity to the components of the drug;
- if there is a fungal infection in the body;
- for female diseases caused by high levels of sex hormones, in particular estrogens;
- acute or chronic pancreatitis, accompanied by a deficiency of digestive enzymes;
- renal failure;
- mastopathy caused by a high concentration of estrogen in a woman's body;
- childhood.

Method of administration and dosage: The drug is taken according to a certain scheme: taking the drug for 20 days, then a 10 day break. The course of treatment must be repeated at least three times. The duration of the course is determined by the doctor, but not more than 3-4 months.

Preventive intake: 1 tablet per day 20 minutes before meals, washed down with warm water.

For girls in adolescence with an irregular menstrual cycle and painful periods: 1 tablet once a day, washed down with milk or warm water.

For the treatment of inflammatory diseases of the female reproductive system: 1 tablet 2-3 times a day before meals. Drink with warm water or milk, with the addition of honey and ghee.

For infertility: 1 tablet 1-2 times a day with milk and honey.

Lactation period: 1 tablet 1-2 times a day.

Side effects:

No side effects were found when used in recommended doses.

Interaction with other drugs:

The drug is well tolerated by the body and can be combined with other medications. But, despite this, it is not recommended to use it with the following pharmacological groups:

- antibiotics and penicillin antiseptics;
- steroids;
- hormonal-based contraceptives.

Release form:

Tablets for oral administration of 500 mg No 30 in a package.

Storage conditions:

Store in a dry place, protected from moisture and light, at a temperature not exceeding 25 °C.

Do not use the drug after the expiration date

Conditions for dispensing from pharmacies:

Without a doctor's prescription.

Made for:
MAXX PHARM LTD
London, Great Britain

